U.S. receives a C on diet report card

By Jenn Harris, Los Angeles Times

With Cronuts, ramen burgers and calorie-laden mash-ups dominating our current food culture, it should come as no surprise that as a country we're not scoring high marks for healthy diets.

According to the Center for Science in the Public Interest's new American diet report card, we're barely passing.

The organization used data gathered by the U.S. Department of Agriculture to give U.S. eaters a grade. The healthier the diet, the higher the grade. Americans have a GPA of 2.42 or as a letter, a C.

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