Teachers learn what to do if shooter is on campus

By Kim Segal, CNN

The sound of metal hitting the floor echoed through the hallways of the childless elementary school. It was an empty clip from a gun, fallen to the ground.

"That sound should be imprinted in your brain," Zach Hudson, co-founder of Defensive Tactics Solutions, told the educators in the audience. "That is the sound of survival. That is the sound of opportunity."

That, Hudson said, is the best time to attack a shooter if one enters the school or classroom.

On a recent Saturday in Lake Mary, Fla., Hudson and his partner, Mike Friedman, conducted a free active shooter self-defense workshop for teachers and school staff members.

Since the deadly school shootings in Newtown, Connecticut, last year, school security plans have included arming teachers, adding police officers and armed security guards, changing how schools are designed and adding bulletproof backpacks and whiteboards to schools.

In the new school year, some educators are taking it upon themselves to be prepared for the unthinkable.

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