

Lecture to focus on knees and skiing

Knee injury awareness and treatments will be discussed Nov. 13 from 6-7pm.

Dr. Robert Rupp and therapist Ryan Solberg will talk about knee anatomy, current knee injury trends and sports-related injuries, surgical treatment and management, how to avoid knee injuries and pre-season conditioning exercises.

The Barton health lecture will be at Sierra Nevada College, Tahoe Center for Environmental Sciences Building, Room 139, 999 Tahoe Blvd., Incline Village.