

# Earthgym fitness to be discussed in Incline

National Geographic's TV show "The Legend of Mick Dodge" will be shown Feb. 4 at 5pm at Tunnel Creek Café in Incline Village.

The show highlights Mick Dodge's relationship to the wilderness and the underlying philosophy found in a fitness practice called the Earthgym, which was created by Dodge and Incline Village resident Jacquie Chandler.

Following the episode will be live call-in with Dodge. The conversation will continue among those who turn out.

The showing is free.