

Smoking cessation class on South Shore

Freedom From Smoking, the smoking cessation program from American Lung Association, is coming to South Lake Tahoe.

The classes are Jan. 9-Feb. 13 at Barton University, 1111 Emerald Bay Road, Room 101, South Lake Tahoe.

Register by calling (530) 543.5882 or email gmorros@bartonhealth.org.