

# Monthly support group helps with grief

Barton Hospice's Reflections of Life and Loss grief support group meets the first and third Thursday of each month, time varies so call ahead.

Meetings are at 2092 Lake Tahoe Blvd., Suite 600, South Lake Tahoe.

This group helps teach attendees how to cope with certain situations and encourages emotional connections with others.

For questions or more information, call Tina Bruess at (530) 543.5592 or Barton Hospice at (530) 543.5581.