

Pet owners cooking for Fido from scratch

By April Fulton, NPR

We're not only obsessed with what we eat. We're now obsessed with what our pets eat. They make us healthier and happier, so who can blame us for wanting the best?

While the pet food industry has started adding salmon, vegetables and other ingredients humans favor to its products, the store-bought stuff just doesn't make the cut anymore for some owners. They're skipping the pet food aisle altogether in favor of cooking up big batches of Fido's meals.

Veterinarians say these pet food home chefs do it for different reasons.

"For some people, it's the human-animal bonding. For some it's the philosophical benefits: they want to keep kosher, or [they're] vegetarians," and want to feed their pets the same way, says Sean Delaney, a board-certified veterinary nutritionist who co-authored a textbook on pet nutrition.

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