

# Summer sports camps for kids on South Shore

Lake Tahoe Community College and Tahoe Center for Orthopedics are putting on weeklong summer sports camps that focus on improving kids' health, wellness, and athletic performance.

Kids ages 7-13 will be taught proper exercise techniques, team-building, sports-specific techniques, and how to make healthy nutritional choices.

Session 1: June 23-27, 9am-4pm

Session 2: July 7-11, 9am-4pm

Session 3: Aug. 11-15, 9am-4pm.

Early bird price is \$160 per session (\$185 per session after June 2).

To register, go [here](#) and click on "Register for Community Education" or call 530.541.4660, ext. 717.