

College coaches to teach youth soccer camps

Lake Tahoe Community College's soccer coaches are putting on separate weeklong camps for boys and girls in July.

Each camp will focus on individual and team skills, including – passing, dribbling, shooting and heading. Additionally, kids will benefit by developing core strength and cardiovascular fitness. Kids will learn field strategy and team tactical awareness.

Kids in the full day camps will also learn and experience the following: nutrition, weight training, beach time, video analysis, leadership and more.

The girls camp is July 14-18 and boys camp is July 21-25.

The 6 and younger camp is \$125 and is from 9am-noon; ages 7-10 is from 9am-4pm and \$199; ages 11-14 is from 9am-4pm and costs \$199; 15 and older is from 9am-4pm and costs \$199.

To register, call 530.541.4660, ext. 717.