

# **Fresh produce available for Nevada's seniors**

Lake Tahoe Markets honors the Nevada Senior Farmers' Market Nutrition Program.

The SFMNP provides low-income seniors with coupons that can be exchanged for eligible foods at participating Nevada farmers markets. The purpose of this program is to increase the consumption of fresh fruits and vegetables, herbs and honey and to supplement the nutritional needs of Nevada seniors.

To qualify, a Nevada resident at least 60 years old must meet specific income guidelines and sign up at a local distributing agency site. To find a location, call 775. 353.3758.

SFMNP Coupons will be accepted at all Lake Tahoe Markets, including at Lampe Park in Gardnerville on Wednesdays, Lakeside Inn & Casino in Stateline on Wednesdays, the market at Tunnel Creek in Incline Village on Thursdays and the one at Tahoe Biltmore in Crystal Bay on Fridays.