Tahoe Show brings elite bodybuilders to Stateline

The Tahoe Show, the largest amateur body building championship in Nevada, is Aug. 23 at MontBleu.

The NPC/IFBB (National Physique Committee & International Federation of Bodybuilding) sanctioned bodybuilding and fitness championship includes bodybuilding, bikini, physique, figure and fitness.

Those who cannot make it to the show may watch it live on the Internet thanks to the coverage provided by Tahoe Production House.

There are several new features or the 2014 Tahoe Show. The number of vendors has doubled allowing attendees to sample an array of fitness products. A digital set design will bring the stage to life. The show is now designated as a national qualifier allowing top athletes to compete for professional status.

There will be more than 350 competitors. The pre-judging starts at 10am and finals are at 6:30pm.

For tickets, information, registration and a full event schedule, go online.