

A lot of people never unplug from their devices

By Brian R. Fitzgerald, Wall Street Journal

How addicted are you to your devices?

In a recent survey by CivicScience that was charted by Statista, 70 percent of U.S. respondents said they unplug from their gadgets once or week or less. Some 43 percent said they don't unplug from personal electronics at all.

That makes sense: With phones in our pockets, e-readers on the nightstand, multiple social networks to update and TVs everywhere (including in our pockets), it is more challenging than ever to go device-free. (We're not counting sleep, though people are known to sleep with their smartphones close at hand.)

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