

Alcohol, marijuana bad for teens in different ways

By Robert Preidt, HealthDay

Drinking alcohol and smoking marijuana may lead to different types of harmful consequences for teens, a new study suggests.

Researchers analyzed 2007 to 2011 data gathered from more than 7,400 U.S. high school seniors who said they had used alcohol or marijuana at least once.

The investigators found that drinking alcohol was associated with more unsafe driving, damage to relationships with friends and romantic partners, and regret about actions while under the influence of alcohol, especially among females.

On the other hand, marijuana use was more often tied to worsening relationships with teachers or supervisors, less energy or interest, and poorer school or job performance, according to the NYU researchers.

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