LT Marathon includes free kids'events

A slew of events are on tap for this weekend's 19th annual Lake Tahoe Marathon.

On Saturday at Pope Beach in addition to the kayak, stand up paddleboard, three swim events, duathon, super hero 5K costume race, the Optimist Club will host the annual Kids Fun Runs.

The kids runs are free. It is for toddlers to 12 year olds. The age divisions are one year and the distances are appropriate for each age. All the kids get a medal, hot dogs and drink.

Basic time schedule:

8:30am: Kayak and SUP events 9:30am: Swim races with distances of one-half, one, and two miles 10:30am: Optimist Kids Fun Runs (costumes encouraged) 11:15am: Super Hero 5K (costumes encouraged).

For more info, go online.