Trend: Inhaling alcohol instead of swallowing

By AC Shilton, Outside

Bold prediction: In 2015, we won't drink our liquor. We'll inhale it.

Julie Palmer got the idea for the Vaportini—a device that vaporizes spirits—while traveling in Helsinki. A friend introduced her to the Finnish tradition of dumping vodka over the coals of a sauna, and she found the effect intoxicating. So Palmer decided to bring the tradition back to the United States, but in a way that involved less awkward sauna nudity.

With the help of her father, a retired engineer, Palmer designed and patented the Vaportini, a pint-glass-like base with an orb perched on top.

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