

# TRTA offering wilderness first aid class

The Tahoe Rim Trail Association is hosting a two-day wilderness first aid course in January taught by the Wilderness Medicine Institute of NOLS.

This course will provide individuals with a foundation of important first aid concepts critical to responding effectively to emergencies in a remote backcountry environment.

The WFA course will help participants prepare for the unexpected. This fast paced, hands-on training is designed to meet the needs of trip leaders, camp staff, outdoor enthusiasts and individuals working in remote locations. It will introduce caring for people who become ill or injured far from definitive medical care. Classroom lectures and demonstrations are combined with realistic scenarios where mock patients will challenge participants to integrate their learning.

Learning takes place both in the classroom and in outdoor settings regardless of weather conditions. Dates are Jan. 24-25 from 8am-5pm, Tahoe Regional Planning Agency office in Stateline.

No previous first aid training is required. Participants must be 16 or older.

Successful course completion earns participants a WMI Wilderness First Aid certification. This certification is good for two years.

Register online.