

Snippets about Lake Tahoe



- Early-bird registration open for Race the Lake of the Sky standup paddleboard competition June 27-28 in South Lake Tahoe.

- Stress: The Effects on Body and Mind is a lecture that will be given April 2, 6-7pm by Sonia Rupp with Barton Psychiatry at Lake Tahoe Community College's board room. It will focus on how stress affects the body, how to recognize signs of long term stress and discuss strategies to decrease stress in your life

- North Tahoe Public Utility District's Pancake Breakfast on March 7 is going to the dogs at the North Tahoe Event Center. Breakfast is from 8:30-10:30am during the Dressed Up Dogs parade before the Kings Beach SnowFest Parade. Proceeds go to the Tahoe Unleashed Dog Park being planned in the North Tahoe Regional Park.

- Scott Lukas, professor at Lake Tahoe Community College, created this video of first impressions at Lake Tahoe Hard Rock.