

# Special Olympian: No challenge she can't face

By Alyx Sacks, KRNV-TV

In a week, locals will be braving the cold and plunging into the freezing waters of Lake Tahoe all in support of Special Olympics.

Events like the Polar Plunge support athletes like 31-year-old Maria Delgado.

Delgado is focused on what she can and will do, never considering there could be something she can't do. That attitude is part of what makes her a Special Olympian.

"She didn't really have a good prognosis when she was born and they didn't think that she would be able to do half the things that she is doing now," her mom Carmen Delgado says.

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