

America: Too fat to fight

By Carol Costello, CNN

In a few years, the military will be unable to recruit enough qualified soldiers because of America's obesity problem.

Forget about rampant diabetes, heart attacks and joint problems – the scariest consequence arising out of our losing battle with the bulge is the safety of our country.

In about five years, so many young Americans will be grossly overweight that the military will be unable to recruit enough qualified soldiers. That alarming forecast comes from Maj, Gen. Allen Batschelet, who is in charge of U.S. Army Recruiting Command.

Obesity, he said, “is becoming a national security issue.”

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