

Lecture to focus on osteoporosis

William Cottrell, a doctor with Barton Osteoporosis and Bone Health, will be talking about Osteoporosis: Prevention & Treatment on April 16.

Cottrell will discuss:

- What is it? An introduction to bone biology.
- How do you diagnose osteoporosis?
- How is it treated? Nutrients and pharmaceuticals.

The free talk will be from 6-7pm at Sierra Nevada College, Tahoe Center for Environmental Sciences, Room 139, Incline Village.