Should foot races be booted from the PCT?

By Yitka, Outdoor

You're hiking through a grove of spruce trees on the Pacific Crest Trail when you hear voices up ahead. Fifty yards away you spot a few pop-up tents and several dozen people hanging out, cheering. They offer you a cold soda and some chips and cookies. They're hosting a trail running race, they explain – so watch out for runners coming the opposite direction.

Despite its reputation as a Mecca for through-hikers, the PCT is host to a growing number of trail races, which draw between 75 and 400 trail-runners to small sections of the trail during about a dozen weekends between March and October. The atmosphere of these events may not call to mind the type of meditative experience Cheryl Strayed chronicled in her bestselling book, Wild, but does sharing the trail with a few hundred runners on a given day diminish the experience of the individual? That question is at the heart of an emerging controversy over the overarching purpose and meaning of the trail as a public resource.

In October, a trail-race director in Washington named Candice Burt had hoped to use a 50-mile stretch of the trail for a new 200-mile ultramarathon she is organizing for August. She contacted the Pacific Crest Trail Association (PCTA), the nonprofit that partners with the U.S. Forest Service to manage the PCT, and a representative "basically told me [the race] wasn't going to happen." Even though the PCTA doesn't issue race permits, the group's influence over the permit issuing Forest Service is undisputed.

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