Target-date funds proving to be profitable

By Ben Steverman, Bloomberg Business

For a decade, a new kind of mutual fund has been taking over Americans' retirement portfolios.

The target-date fund is designed for people with no knowledge of investing. You pick the fund closest to the year you expect to retire—the Vanguard Target Retirement 2030, for example and the fund does the rest. Containing a variety of stock and bond funds, the all-in-one funds gradually and automatically get less risky as retirement approaches.

There's now evidence that target-date funds may be working. They're giving investors solid returns, data from research firm Morningstar show. Just as importantly, they're boosting those returns by protecting investors from their worst instincts.

Read the whole story