Ex-NFL'er to teach youth clinic in SLT

Former New York Jets wide receiver Jo-Jo Townsell will host a USA Football FUNdamentals clinic for children ages 8-18 in South Lake Tahoe.

The Aug. 1-5 camp (9am-4pm each day) will be at South Tahoe Middle School. The free clinics are designed to introduce children to football by teaching basic skills.

The clinics incorporate a series of drills to teach passing, catching and running skills in a non-contact setting. All skills and drills selected are based on USA Football's Player Progression Development Model, ensuring children are learning in an age-appropriate manner, based on their cognitive and physical maturity.

Registration is available online.