

Letter: Breakfast club helps at Bread & Broth

To the community,

About 15 years ago, several ladies from Zephyr Heights began a social gathering once a month to share friendships over breakfast. Every third Monday of the month, 10-12 ladies ranging in age from their 30s to 92 share family happenings, celebrate successes and support each other when needed. One of the approximately 15 Zephyr Heights Breakfast Club members, Peggy Ellena, began volunteering at Bread & Broth and coordinated the club's Adopt A Day of Nourishment on June 29.

Representing the Zephyr Heights Breakfast Club at the dinner were Julie Nelson, Peggy Ellena, Maryon Tilley and Sandie Mancinelli. They were a very busy group. They helped assemble over 75 "give-away" bags filled with fruits, vegetables, canned goods and breads, served 125 meals and helped with the dinner's cleanup.

Describing their three hours of volunteering, Ellena and Mancinelli together wrote, "The experience helping B&B was gratifying and blessing to all of us. The regular volunteer staff was patient with us and were good teachers – obviously dedicated to their mission. Thank you for allowing us the opportunity to help!"

B&B would like to thank all of the members of the Zephyr Heights Breakfast Club for their donation of \$250 and sending a wonderful group of volunteers to the dinner served at St. Theresa Church's Grace Hall. Thanks to the club for taking the opportunity to help people in need.

For more B&B information, go online or find us on Facebook.

Carol Gerard, Bread & Broth