

Now is the time for fresh beans

By Russ Parsons, Los Angeles Times

Beans can seem complicated. They come in different colors – green, yellow and purple are the most common. And in different shapes – round and flat – and different sizes – yard-long and fingernail thin. They grow on different types of plants – pole beans climb to the sky while bush beans stay close to the ground.

But in the end, they all taste pretty much the same.

Thank goodness. Because beans, whatever the type, make terrific summer food.

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