

Canning workshop in Truckee

Slow Food Lake Tahoe is putting on a canning clinic in Truckee on Aug. 8 from 10am-2pm.

The clinic will cover the basics of water bath canning, which is suitable for preserving all sorts of foods, including pickles, jams and tomato sauce. The clinic will also be touching on additional options of preservation with pressure canning.

The class will be taught by SunMie Won an avid local gardener and expert canner. This is a hand-on workshop with all equipment provided. Participants will take home samples, plus information and tips to get started on canning projects at home.

A simple garden-fresh lunch will also be included.

Tickets are \$25, or \$15 for Slow Food members. They are available online.