

Coloradans do well at Ironman Lake Tahoe

Stephen O'Mara (M30-34) who lives in San Rafael, but hails from Ireland, was the first to cross the finish line winning the men's Ironman 70.3 Lake Tahoe age-group race in a time of 4:25:27. On the women's side, Erica Clevenger (F18-24), a student at the University of Arizona, was the top female age-grouper in the Ironman 70.3 Lake Tahoe race with a time of 4:54:25.

For Ironman Lake Tahoe, Gregory Lindquist (M30-34) from Boulder, Colo., earned the win in the men's age-group race with a time of 9:39:23, while Sonja Wieck (F35-39) from Greenwood Village, Colo., took home the women's age-group race with a time of 10:28:55. Wieck was originally signed up to compete in the Ironman 70.3 race, but upon arriving in Lake Tahoe decided to push herself even further in the 140.6-mile Ironman Lake Tahoe race.

More than 2,000 total athletes competed Sunday in the Lake Tahoe triathlons. Ironman Lake Tahoe triathlon consisted of a 2.4-mile swim, 112-mile bike and 26.2-mile run. Competitors ranged in age from 19 to 70 and represented 32 countries and 45 states. The event offered 50 age-group qualifying slots to the 2016 Ironman World Championship, taking place on Oct. 8 in Kailua-Kona, Hawaii.

Full results may be found **online**.