

Learn what to do with herb garden as summer ends

Turning the summer herb garden into medicinal remedies for the whole family is subject of a Sept. 26 talk in Truckee.

Slow Food Lake Tahoe is hosting local herbalist Shanna Strong of Strongheart Medicinals. This Skillshare Class will cover poultices, oil infusions, salves, teas blends, syrups, and easy immune boosters. Participants will be able to make their own tea blend or bath blend to take home.

The event will be in the Truckee Demonstration Garden (Truckee River Regional Park, 10500 Brockway Road) from 10am-noon.

Tickets are \$10 for Slow Food Lake Tahoe members and \$15 for non-members. Ticket may be purchased **online**.