Tahoe City training young mountain bike riders

The Tahoe XC Junior Mountain Riders Program provides children ages 7-11 an opportunity to experience and grow in the sport of mountain biking.

The weekly club rides focus on developing strong, responsible riders through instruction, practice, and fun in a healthy, supportive environment.

The six-week program costs \$45 per child or \$10 for drop-ins. It runs from Sept. 14-Oct. 19, 4-5:30pm. Meet at the Tahoe XC trailhead.

RSVP with child's name, age and biking ability to andrews@tahoexc.org.