CDC: Obesity still a growing problem in U.S.

By Karen Kaplan, Los Angeles Times

America's obesity problem just keeps getting bigger.

A new report from the Centers for Disease Control and Prevention says that 37.7 percent of U.S. adults were obese as of 2014. That's up from 34.9 percent two years earlier.

From 2011 through 2014, an estimated 36.5 percent of Americans ages 20 and older had a body mass index of at least 30, putting them over the threshold for obesity. The prevalence was higher for women (38.3 percent) than for men (34.3 percent), the CDC data show.

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