

Doctors starting to care about nutrition

By Christina Farr, NPR

Is your doctor your go-to for nutrition advice? Neither is mine. And why would I expect that?

Fewer than a quarter of doctors say they've had sufficient training to provide nutritional advice to their patients, according to recent polls. We all know about the Hippocratic oath, but there's that other thing Hippocrates said: "Let food be thy medicine."

For the American medical profession to live up to that, there'd have to be more than one doctor in the country widely known for prescribing broccoli. Most medical schools aren't particularly dedicated to teaching their students about food.

That's beginning to change, though, as schools like Tulane University School of Medicine in New Orleans start thinking differently.

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