

3 tips to limit mosquito bites

By Mary Bowerman, USA Today and Chris Hrapsky, KARE-TV

As the mosquito-borne Zika virus spreads quickly through the Americas, medical experts are encouraging people to try to limit their exposure to mosquitos.

But as anyone who's come home from vacation or summer camp covered in itchy bumps knows, preventing mosquito bites is sometimes easier said than done.

"The first thing is avoiding the bite," according to Ron Harrison, an entomologist for Orkin. "That means wearing clothing and using protectants."

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