

Survey: Teens addicted to mobile devices

By Sharon Noguchi, San Jose Mercury News

Just how badly are we addicted to our mobile devices?

It may be even worse than we admit, according to a survey by children's advocacy group Common Sense Media. The San Francisco-based organization bills the study released Tuesday as the first to explore parents' and teens' growing dependence on the tech gadgets that are supposed to empower us.

Nearly 59 percent of parents think their teens are addicted to their cellphones, tablets or laptops – 50 percent of teens agree – and 27 percent of parents believe they themselves are addicted. The survey polled 620 parents and 620 teens.

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