

Lost hiker's experience offers lessons for others

By Ed Fletcher, Sacramento Bee

If Rocklin mom Dana Michael has it her way, her son Cody would give up this whole hiking thing.

Cody Michael, 23, was rescued last month by a Blackhawk helicopter after spending three days lost along a high Sierra trail with his dog Bauer.

In her words: "I hope he bags the whole backpacking thing after his experience."

It's unclear whether Cody Michael will oblige.

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