

# Gratitude expert to give talk in Incline Village

Bob Emmons, the world's leading scientific expert on gratitude, will give a talk at Sierra Nevada College on Sept. 1.

Emmons is a professor of psychology at the UC Davis, and the founding editor-in-chief of the *Journal of Positive Psychology*. He is also the author of the books "Gratitude Works!: A 21-Day Program for Creating Emotional Prosperity" and "Thanks! How the New Science of Gratitude Can Make You Happier".

Research on the science of gratitude continues to accelerate rapidly. However, questions still remain: What are the functions of gratitude in the economy of human social behavior? What mechanisms are involved in the expression and detection of gratitude? Experiments and recent neuroimaging studies offer important clues as to why gratitude matters, how it works, and how we can collectively capitalize on its promise and potential.

The program will begin at 6pm, with refreshments and no-host bar from 5-6pm at 291 Country Club Drive in Incline Village. Seating is open at 5:30pm to those who **preregistered**, open seating starts at 5:50pm. Cost is \$5.