

Why you should call, not email, your legislators

By Daniel Victor, New York Times

Kara Waite, an English teacher at Bunker Hill Community College in Charlestown, Mass., made a rule for herself: For every political rant she posts on Facebook, she must pick up the phone and call a legislator.

“It’s kind of a swear jar for political action,” Waite said recently.

Activists of all political stripes recommend calling legislators, not just emailing – and certainly not just venting on social media. Several lawmakers, along with those who work for them, said in interviews that Waite is right: A phone call from a constituent can, indeed, hold more weight than an email, and far outweighs a Facebook post or a tweet.

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