

# Surviving Thanksgiving: Fight, flight or drink

By Maura Judkis, Washington Post

Every year at Thanksgiving, we're subjected to stories about how to cope with your drunk uncle, your bratty cousin, your grandma with an ax to grind. And every year, at least for those who come from your typical, slightly dysfunctional but lovably kooky family, the idea that we'd need an entire coping strategy to get through one meal seems a bit histrionic.

This year is different.

Hoooboy, do some of us need advice on how to get along with our families after a year like this one. Could we postpone Thanksgiving for another month or so, until we've all cooled down? No? OK then, let's take a deep breath, set out the decorative gourds, and dive in.

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