

Letter: Virtual Race a success for cancer program

To the community,

On behalf of the organizers of the Lake Tahoe Virtual Race, I would like to thank Lake Tahoe community members and businesses as well as Barton Health employees and physicians for their incredible generosity.

Barton Health recently hosted the first Virtual Race Challenge. Racers walked and ran for 72 days and recorded their mileage on a 72-mile digital map of Lake Tahoe. Together, with their financial contributors, the racers raised \$4,044 in donations to help expand Barton Health's Cancer Wellness Program.

I would also like to extend appreciation to the local businesses who gave \$1,600 in post-race prizes to encourage and motivate participants. Special thanks to Heavenly Mountain Resort/Vail Resorts Epic Promise, Homewood Mountain Resort, Sierra-at-Tahoe ski resort, South Lake Tahoe recreation services, Lake Tahoe Community College, and the Barton Foundation.

It is incredible to watch our community come together to support a common cause. As a group, we can help make a significant difference for our friends, family, and neighbors who need our support.

The **Cancer Wellness Program** is free to community members undergoing cancer treatment and their families. The program currently includes guided exercise, yoga, and nutrition. The goal is to add and enhance services that support the mind, body, and spirit.

Kait M. Hemphill, wellness programs coordinator, Barton

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