

# No reason to eat twigs in backcountry emergency

By Benjamin Spillman, Reno Gazette-Journal

There are safer ways to achieve fame than starring in your own survival story.

That's a lesson a Pennsylvania woman learned recently after a trip into the Arizona backcountry with her husband and 10-year-old son went awry.

Karen Klein spent roughly 24-hours in the snowy wilderness during a desperate, 26-mile hike to search for help after the family's car got stuck near the Grand Canyon.

When Klein's sister told a news outlet the survival trek included eating twigs and drinking urine those details propelled the tale to the top of the national news cycle.

**Read the whole story**