

# Letter: Beach Retreat takes turn at B&B

To the community,

Nikki Verdile, one of the incredible sponsor volunteers from Beach Retreat & Lodge, was really happy to be helping at the Monday meal at Grace Hall on Jan. 30.

“This opportunity was educational in so many ways,” commented Verdile. “I met new people, heard wonderful stories, and best of all, everyone was so thankful for the food and help provided. This was so rewarding and the Beach Retreat is so happy for the opportunity to give back to this beautiful community.”

Verdile, along with fellow Beach Retreat co-workers Lori Cramer, Erik Cramer, and Emily Sabbato arrived at 3pm to begin their volunteering to help at the Beach Retreat’s sponsorship dinner. They began by packing food giveaway bags with fruit, veggies, milk, eggs, butter, canned goods and breads/pastries; moved on to serving fried whitefish with homemade tartar sauce, zucchini, potatoes wedges, coleslaw and a side of garlic bread and ended their evening helping to clean and clear the dining hall area.

B&B thanks the Beach Retreat & Lodge for sponsoring their first Adopt a Day of Nourishment, and for the hard working and happy team that they sent to assist the B&B volunteer team.

The help and support that B&B receives from our sponsors, donors and volunteers is overwhelming and has such a positive impact on the lives that we touch and care for.

For more B&B program information, go online.

**Carol Gerard, Bread & Broth**