

# 12 weeks of parenting classes in S. Lake Tahoe

Live Violence Free will start a new parenting class on Wednesdays, beginning March 8, 3:45-4:45pm.

The course is 12 weeks. It is designed to help parents provide a nurturing, structured environment for their children.

Participants in the course will be taught how to encourage their children and expand their emotional intelligence. Parents will also build skills to set limits, manage tantrums, and help little ones regulate their own emotions.

Live Violence Free is located at 2941 Lake Tahoe Blvd., South Lake Tahoe.

To sign up for the class, contact Marta McLean at 530.544.2118.