

# Polar plunge to benefit Special Olympics

Special Olympics Northern California & Nevada will host the annual South Lake Tahoe Polar Plunge on March 18 at Zephyr Cove Resort.

The Plunge will be featured during a full weekend of events and activities to benefit Special Olympics.

To kick off the plunge weekend, Special Olympics Nevada will host a Tip-A-Cop happy hour from 6-9pm March 17 at Hard Rock Café inside Harveys.

The “space odyssey” themed Polar Plunge will kick off at 10am March 18. Plungers are asked to raise a minimum of \$100 to participate and take the chilly dive for charity. Registration includes a Polar Plunge long-sleeve shirt and admission into the Post-Plunge Party at MontBleu, featuring a hot buffet, no-host bar, music and awards. Costumes are encouraged. Supporters not up to the plunge itself may also raise money as a “chicken” and receive the shirt and admittance into the Post-Plunge Party. Registration and sponsorship opportunities are available **online**.

All proceeds from the South Lake Tahoe Polar Plunge and the weekend’s activities will benefit Special Olympics Nevada.