

Study: Hungry kids lag behind peers in school

By Rhitu Chatterjee, NPR

Growing up in a hungry household in the first couple of years of life can hurt how well a child performs in school years later, according to a study.

An estimated 13.1 million children live in homes with insufficient food, according to the most recent figures from the U.S. Department of Agriculture.

Many of those children experience hunger during their first few years of life, or their parents are hungry and stressed out about food during those years – the most crucial time for a child's development.

[Read the whole story](#)