

Grief support groups available in S. Lake Tahoe

Support is available on the South Shore for people who have lost a loved one.

Barton Hospice office a grief support group the first and third Thursday of each month from noon-1:3pm at 2092 Lake Tahoe Blvd., Suite 500, South Lake Tahoe.

Barton Hospice encourages people who have experienced the loss of a loved one or have endured a significant, life-altering event to attend the ongoing bereavement group called Reflections of Life and Loss. This group helps teach attendees how to cope with certain situations and encourages emotional connections with others.

For questions or more information, call Tina Bruess at 530.543.5592 or Barton Hospice at 530.543.5581.

The survivors of suicide loss support group meets the fourth Thursday of each month from 6-7pm at Barton Public Relations Office, 2092 Lake Tahoe Blvd., Suite 400, South Lake Tahoe.

Anyone who has lost a loved one to suicide are welcome to attend this monthly support group.