

ColorBlast run benefits Tahoe youth organization

Tahoe Youth & Family Services' annual ColorBlast 5K Run is Aug. 19 during Carson Valley Medical Center's Health Fest 2017.

Runners get covered from head to toe in different colors at each 1K marker while running or walking the course. Each section has a different color. All of the colors are safe because they are corn starch based.

The race is non-competitive and runners from all ages and ability levels are encouraged to participate.

Wearing white is encouraged to show off the color.

The race starts at 9am in the Carson Valley Medical Center parking lot at 1107 Highway 395 North in Gardnerville.

Cost is \$40 for adults, \$30 for ages 11-17, and free for children 10 and under. Register **online**.