

# Healthy food pioneer Waters talks Tahoe

**By Moonshine Ink**

Alice Waters is a pioneer – in the truest sense of the word – for the local, organic food movement. Most passionately, Waters has been an advocate for free, locally-sourced meals in our school systems.

She got her start in Berkeley when she opened Chez Panisse, one of the first restaurants in the country to consciously source its ingredients. Since then she has been a chef, restaurateur, activist, and author.

We talked to Waters about eating locally in Tahoe, suggestions for combating the Tahoe housing crisis, specifically in regard to housing kitchen staff, and her opinion on fad eating trends.

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