

4 distances in Kokanee running events

The annual Kokanee Trail Runs put on by the Tahoe Mountain Milers are Oct. 8.

There will be a 5K, 10K, half marathon and tadpole trot at Camp Richardson.

Race day registration begins at 6am, or register in advance **online**.

Races have staggered starts beginning at 7am.

No headphones, dogs, strollers or baby joggers are allowed.