

Americans retire later, die sooner, sicker in between

By Ben Steverman, Bloomberg

The U.S. retirement age is rising, as the government pushes it higher and workers stay in careers longer.

But lifespans aren't necessarily extending to offer equal time on the beach. Data released last week suggest Americans' health is declining and millions of middle-age workers face the prospect of shorter, and less active, retirements than their parents enjoyed.

Here are the stats: The U.S. age-adjusted mortality rate—a measure of the number of deaths per year—rose 1.2 percent from 2014 to 2015, according to the Society of Actuaries. That's the first year-over-year increase since 2005, and only the second rise greater than 1 percent since 1980.

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