

# Talk to focus on how the memory works

Charan Ranganath, director of the UC Davis Memory and Plasticity Program and professor of psychology, will give a talk in Incline Village on Jan. 18 about the cutting-edge of human memory research.

Recent discoveries in neuroscience have revealed significant insights into how we remember and how we can remember better. Evidence shows that the very act of remembering can sometimes help you retain information with important discoveries about why this happens. Research also shows the surprising ways that motivation and curiosity can influence memory. These studies lay the groundwork for practical ways to improve learning and memory in education and possibly in patients with neurological or psychiatric disorders that affect memory.

**Registration** for this event is required. The program will begin at 6pm, with refreshments and no-host bar from 5:30-6pm at the Tahoe Environmental Research Center on the campus of Sierra Nevada College.

A \$5 suggested donation will be collected at the door.