

Adaptive ski festival on North Shore

Achieve Tahoe, a leading provider of winter and summer adaptive sports instruction for adults and children with disabilities, will host the Ability Celebration & Winter Ski Festival, its annual military sports camp for injured veterans and their family members, Jan. 16-19 in North Lake Tahoe.

The program will provide 34 participants with complimentary ski and snowboard lessons, overnight accommodations in the Village at Squaw Valley, meals and transportation.

Participants will travel to North Lake Tahoe from all over the country to participate in specialized private ski and snowboard instruction that will be provided to them free of charge. Each person will receive lessons specifically designed to support their physical therapy, boost their emotional well-being, build their confidence and ultimately help their re-integration into their communities. The veterans in attendance are also invited to bring a guest to share in their experience, and to provide them with support and encouragement.

The Warfighter Sports program was designed to offer sports rehabilitation for severely wounded warriors in military hospitals and communities across the U.S. through a nationwide network of over 120 community-based chapters of Disabled Sports USA. The program helps to rebuild lives through sports by improving self-confidence, promoting independence and uniting families through shared healthy activities.

Contributions cover all expenses for participation of the warrior and a family member, including individualized adaptive instruction, adaptive sports equipment, transportation, lodging and meals. Since 2003, more than 12,000 of the most

severely wounded and their families have been served, including those with amputations, traumatic brain injury, spinal cord injury, visual impairments, and significant nerve and muscle damage.